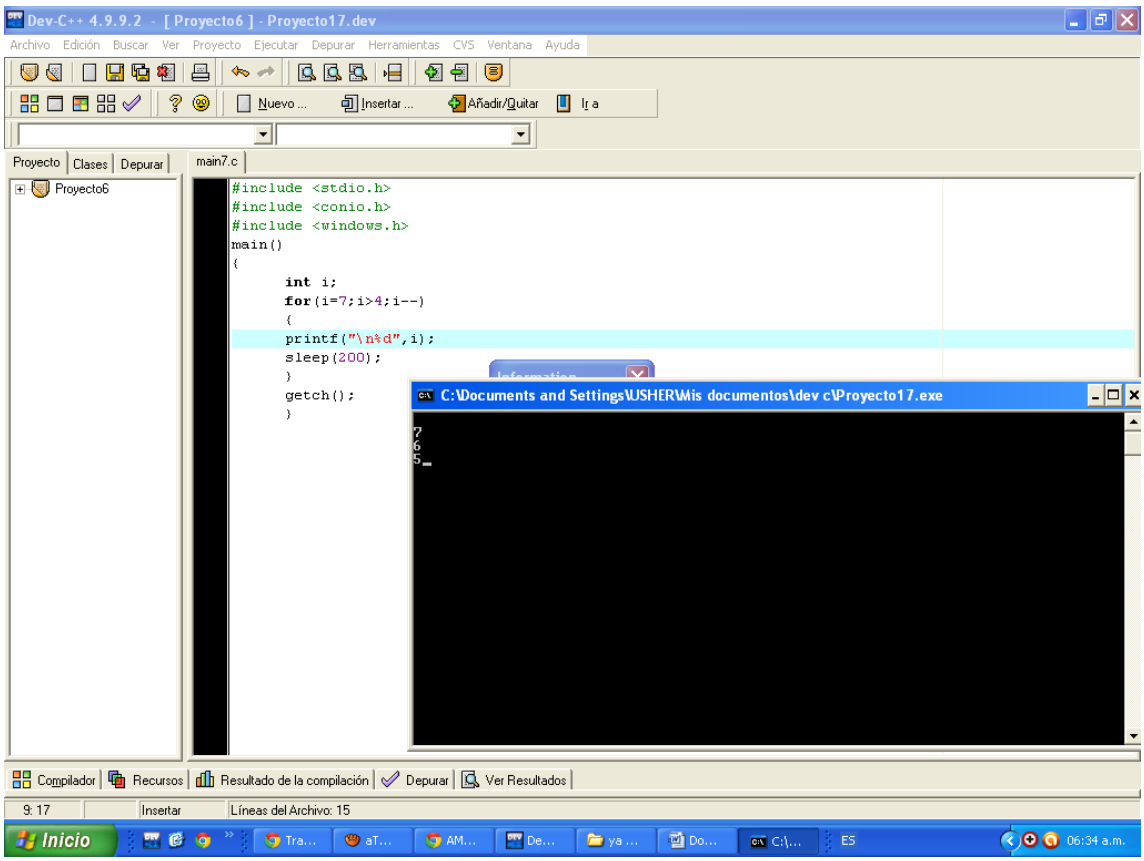
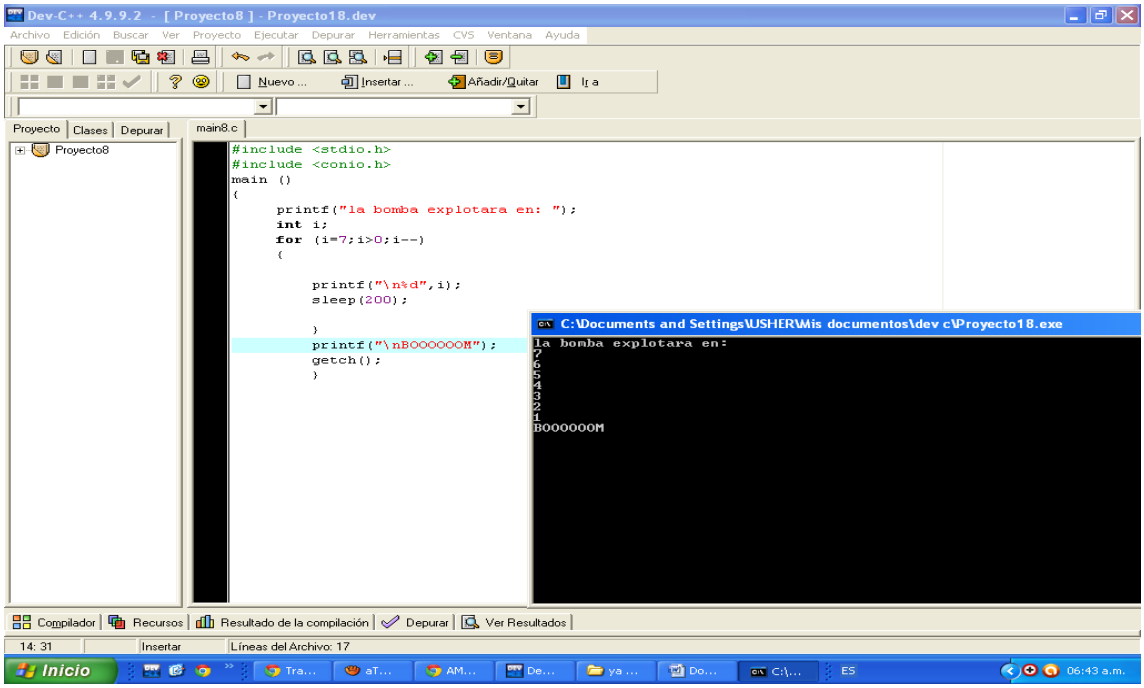
Ejemplos con for

1)



2)